

Place Photo  
Here

**ITASCA SCHOOL DISTRICT 10 DIABETIC INFORMATION SHEET**

STUDENT NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
Last name, first name

**EMERGENCY CONTACTS:**

1. LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

CELL# \_\_\_\_\_ WORK# \_\_\_\_\_ HOME# \_\_\_\_\_

2. LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

CELL# \_\_\_\_\_ WORK# \_\_\_\_\_ HOME# \_\_\_\_\_

Blood sugars \_\_\_\_\_ and below or \_\_\_\_\_ and above, treat student then call the emergency contact/school nurse.

A diabetes trained adult should stay with the student during any low or high blood sugars until blood sugar normalizes at \_\_\_\_\_ to \_\_\_\_\_.

**INSTRUCTIONS FOR LOW BLOOD SUGAR:**  
Blood sugar \_\_\_\_\_ to \_\_\_\_\_ give \_\_\_\_\_ carbohydrates, retest blood sugar in 15 minutes.  
Blood sugar \_\_\_\_\_ to \_\_\_\_\_ give \_\_\_\_\_ carbohydrates, retest blood sugar in 15 minutes.  
Blood sugar below \_\_\_\_\_ and responsive, give \_\_\_\_\_ carbohydrates, retest blood sugar in 15 min.  
If unresponsive administer glucagon and call 911.  
\*Signs of low blood sugar: shaky, hungry, sweaty, slurred speech, confusion.  
\*Carbohydrates should be fast acting like glucose tabs, juice or soda (not diet).

**INSTRUCTION FOR HIGH BLOOD SUGAR**  
\_\_\_\_\_ or greater, enter blood sugar in pump and bolus as pump advises, retest in 30 minutes.